

Why Harvest Hope?

HeartWorks knows, especially in today's economy, that more and more families are struggling to afford healthy food on a regular basis. The Harvest Hope Project strives to help teach families the self-sustaining skills of organic gardening, composting, and food preservation and canning. By providing seeds or plants for home gardens, training, ongoing support, and access to fresh produce from the HeartWorks Community Garden, the HeartWorks Harvest Hope Project helps families learn how to supplement their grocery bills with fresh, homegrown, healthy produce.



HeartWorks

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HARVEST HOPE PROJECT

Helping families gain more
nutritional independence
through gardening.



The Harvest Hope Project is a
community gardening initiative of
HeartWorks.

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HARVEST HOPE PROJECT:

HeartWorks' Harvest Hope Project seeks 5 families, who have utilized our emergency food services at least once, to participate in this new initiative.



What families will receive:

- Access to produce from the HeartWorks Community Garden for home use by their family.
- Seeds and/or plants to help develop their own home gardens.
- Some basic gardening tools.
- Training on a variety of gardening topics.
- Training on composting to increase soil health.
- Ongoing support for questions, concerns or problems from HeartWorks staff, volunteer master gardeners, organic farmers and county extension agents.
- Copies of helpful articles regarding organic gardening.
- Access to canning and food preservation materials as well as training on proper use.

What families commit:

- At least 15 hours of community service in the HeartWorks Community Garden during the growing season (April-October).
- Attendance at required planting, composting and food preservation trainings.
- To be mentors to the Harvest Hope Project families in future years.



“Give a man a fish and you feed him for a day. Teach a man to fish and you’ve fed him for a lifetime.”-

Chinese Proverb